

**From:** [REDACTED]  
**To:** [City Council](#)  
**Subject:** Support for Ceasefire Resolution  
**Date:** Tuesday, February 20, 2024 7:21:09 PM

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To the Sebastopol City Council,

My name is Gaia Esensten, MA and I am a trauma-resolution embodiment counselor who lives and works in Sebastopol. My address is [REDACTED], Sebastopol. I urge you to support the Ceasefire Resolution for the end of the bombardment on Gaza, in support of the Israeli hostages being returned. Bombing does not make people safer and too many people have suffered due to this extreme violence. We must find different ways to respond to violence than more violence. Thank you for being on the right side of history.

Respectfully,  
Gaia Esensten

Gaia Esensten ([they/them](#)), MA  
Somatic Counseling & Spiritual Care

[REDACTED]

**\*I respond to professional emails within 1-3 days. If your message is time-sensitive, please put "TIME SENSITIVE" in the subject line or call/text me. I care about staying connected with you! And, I choose to center my body's rhythms and wellness by taking time offline. Thank you for helping me make this possible.\***