



CITY OF SEBASTOPOL

Proclamation

Proclaiming May as Mental Health Awareness Month

WHEREAS, the month of May has been declared National Mental Health Awareness Month; and

WHEREAS, according to the U.S. Surgeon General, mental health is fundamental to health and indispensable to personal well-being, family, and interpersonal relationships; and

WHEREAS, one in five Americans will face mental health challenges in a given year, regardless of age, gender, race, ethnicity, religion, or economic status; and

WHEREAS, there are widespread misunderstandings and discrimination concerning mental health that can be eliminated by recognizing that mental health challenges are real, common, and treatable; and

WHEREAS, National Health Awareness Month is a time for communities to acknowledge the importance of mental health and take action to ensure that individuals facing mental health challenges have access to the care, treatment, and prevention services they need.

NOW, THEREFORE, BE IT PROCLAIMED THAT I, Neysa Hinton, Mayor of the City of Sebastopol, on behalf of the entire City Council, do hereby designate May as Mental Health Awareness Month.

IN WITNESS WHEREOF, I have hereunto set my hand and the Great Seal of the City of Sebastopol this 2nd day of May 2023.

Neysa Hinton, Mayor, City of Sebastopol